



First level generalization

Time efficiency...the way to go about it

Time	Completed action
23:30	You've fallen asleep.
23:00	You're in bed.
22:50	You're done bathing.
22:35	You're done cleaning up your desk.
22:30	You're finished with tidying up computer files.
22:20	You're done with entertainment.
21:35	You finish your short break.
20:50	You finish packing up and starting entertainment.
5th interval	
20:45	You finish doing the dishes.
20:30	You finish eating.
20:00	You finish cooking.
19:45	You finish preparing food.
4th interval	
19:30	You finish your reading session.
18:45	You finish a five minute break.
18:00	You finish your planning session.
17:30	You finish your review session today.
17:00	You finish learning task #3 and today's learning session.
16:00	You take a five minute break.
15:55	You finish learning task #2.
14:55	You finish taking a five minute break.
14:50	You finish learning task #1.
13:50	You finish a five minute break.
3rd interval	
13:45	You finish doing the dishes.
13:30	You finish eating.
13:00	You finish cooking.
12:45	You finish preparing food.
2nd interval	
12:30	You finish your planning session today (action plan).
12:00	You finish your review session today (for action plan).
11:30	You finish action task #3.
10:30	You finish a five minute break.
10:25	You finish action task #2.
09:25	You finish a five minute break.
09:20	You finish action task #1.
08:20	You finish a five minute break.
1st interval	
08:15	You finish doing the dishes.
08:05	You finish eating.
07:50	You finish cooking.
07:30	You finish a five minute break.
07:25	You finish taking a bath.
07:15	You finish going for a run.
07:00	You finish freshening up.
06:50	You wake up.

Bibliography

1. Globe icon

Image source: <http://addiandcassi.com/wordpress/wp-content/uploads/world-globe.jpg>